

My Life...

Name

Add a photo here!

Who Am I?

What are my strengths?

What are my accomplishments?

Challenges I want to work on

My goals

Who can help?

What will I do after I leave here?

Tips for using this template

- Tell the person scheduling your meeting you will lead (or use a presentation to participate).
- Talk to him or her about what you want on the agenda.
- Talk about who you want at your meeting.
- Bring or request a laptop and/or LCD projector to be set up for your presentation.
- If this is not possible, print handouts and ask people to follow along.
- Talk with someone who knows you well (a parent, teacher, or friend) to complete each slide.
- Use pictures and graphics!
- Practice your presentation before the meeting.
- Bring your favorite person for support. Ask for help if you need it.
- Bring handouts for everyone.
- Be open to feedback to help you make decisions about your life.