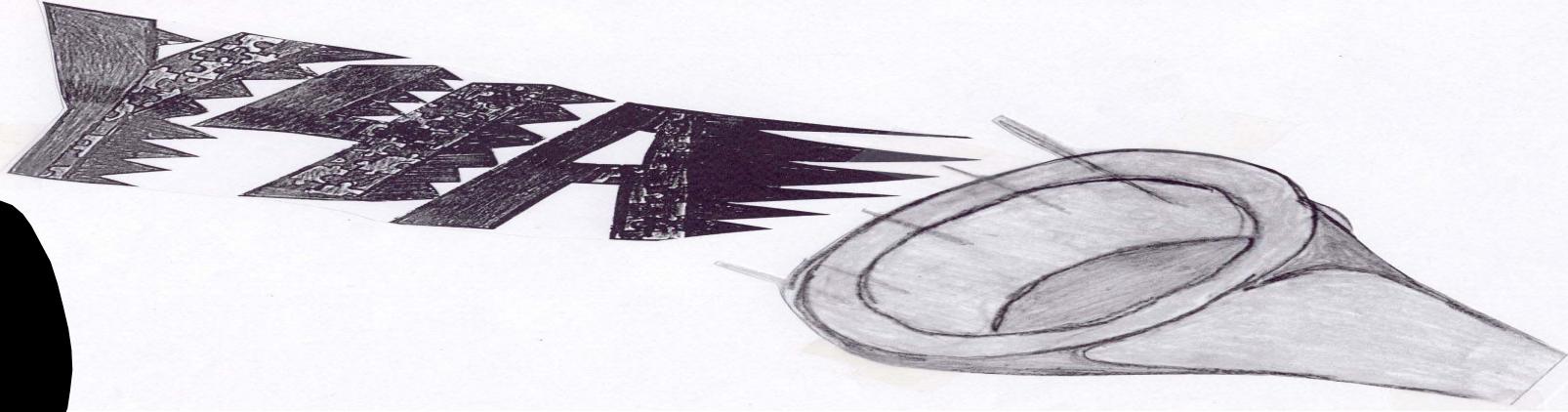


# *WELCOME!*



**Youths 4 Advocacy (Y4A)  
presents:**

***Speak Up and CHAT***

## *Presenters:*



### **Kira Fisher –**

- Y4A Coordinator/Emerging Leader

### **Marcel Smith –**

- Y4A Advisory Member/Emerging Leader

### **Deb Zuver –**

- Y4A Director/Trainer



***A University Center for Excellence in  
Developmental Disabilities  
Education, Research, and Service***

⋮

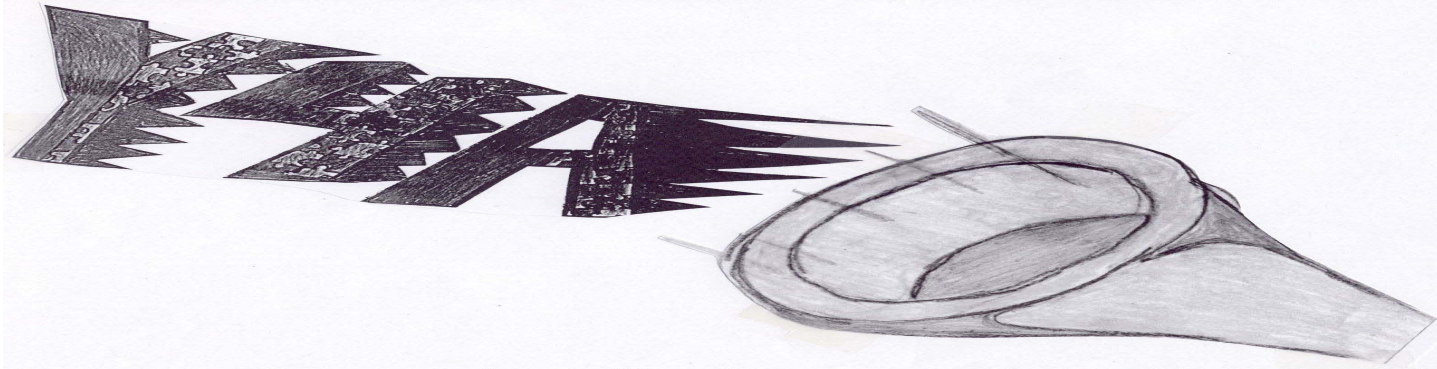


UNC

CAROLINA INSTITUTE FOR  
DEVELOPMENTAL DISABILITIES

**University of North Carolina-Chapel Hill**

# *Youths 4 Advocacy (Y4A)* *is:*



**...a project to  
empower youths to transition  
successfully into their  
communities**

# *Today we will...*

---

- **Explore** speaking up with health care providers.
- **Try** tools from the CHAT DVD scenes.
- **Get ready** to use CHAT scenes with youths back home.

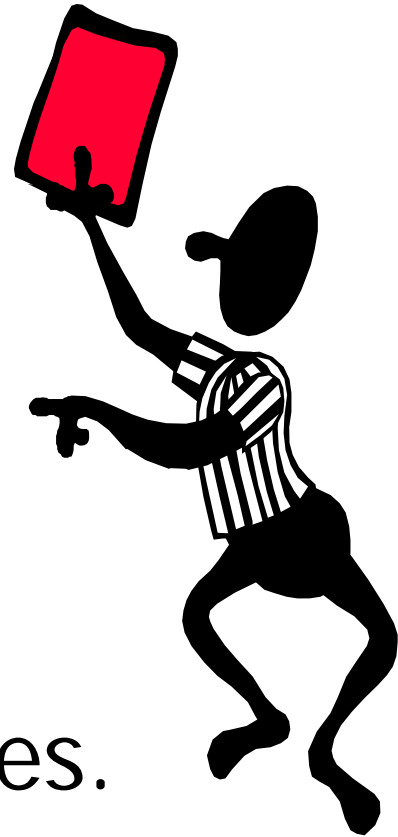


# Speak Up and CHAT

***Speak Up is:***  
***Speak Up Action Manual***

## **A tool for youths to:**

- Learn to speak up.
- Support others to speak up.
- Practice with activities and scenes.



# *Speak Up and CHAT*

**CHAT is...**

***Carolina Health and  
Transition***

**A tool for youths to:**

- Advocate for their health care needs
- Transition to adult health care



# *Speak Up and CHAT*

## *CHAT:*

- NC Division of Public Health-Children & Youth Branch.
- Change systems of practice - youths with special health care needs.
- Three initiatives:
  - Youths
  - Families
  - Health care provider



***Y4A Advisory Committee - CHAT members.***

# *Communicating with Marcel*



**Marcel Smith and Gerri Smith**

# *Communicating with Marcel*

**Hi! My name is Marcel Smith. I don't talk; but I still communicate.**



# *Communicating with Marcel*

**I can show you what  
I want, or point to  
what I want to  
"say."**



# *Communicating with Marcel*

---



**Sometimes, I write what I want to “say” in  
a journal or on a tablet.**

# *Communicating with Marcel*



**I know some sign language:**

- **Yes**
- **No**
- **Thank you**
- **Please**
- **Help**

# *Communicating with Marcel*

---

**But my family,  
teachers, friends,  
and others could  
not keep up with  
me –**



# *Communicating with Marcel*

---

**So I started finger spelling using the manual alphabet.**



# *Communicating with Marcel*

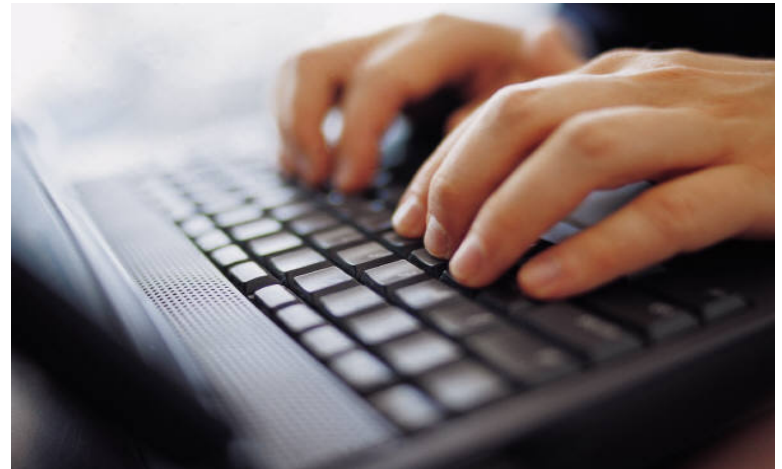


**A list of the manual alphabet is at the end of this presentation.**

# *Communicating with Marcel*

---

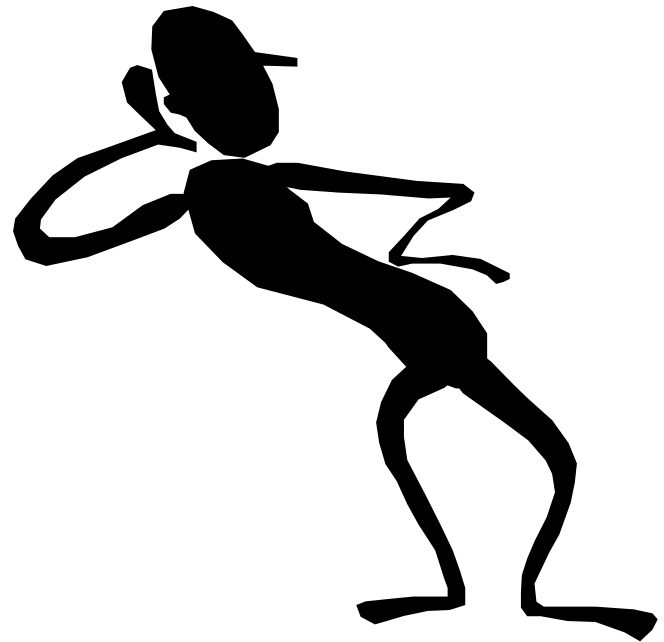
**I can use  
augmentative  
communication  
devices too. I type  
in what I want to  
"say," and the  
computer speaks  
for me.**



# *Communicating with Marcel*

---

**I can hear; and I understand what people say to me most of the time.**



# *Communicating with Marcel*



**I need you to keep things simple, and to give me time to think about what you are asking me or telling me. My Mom says I need time to “process” information - WHATEVER!!**

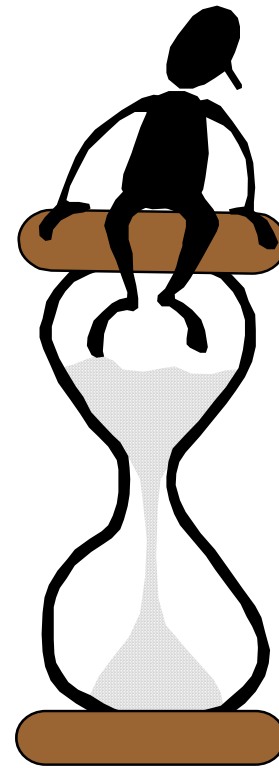
# *Communicating with Marcel*

**Sometimes I get  
distracted by other  
things around me.  
Please give me  
time to get pass  
the distraction so I  
can listen to what  
you are saying to  
me.**



# *Communicating with Marcel*

**Communicating is not the most important thing to me. If I answer too quickly, or say "yes" to everything; I am not listening. Please ask me again.**



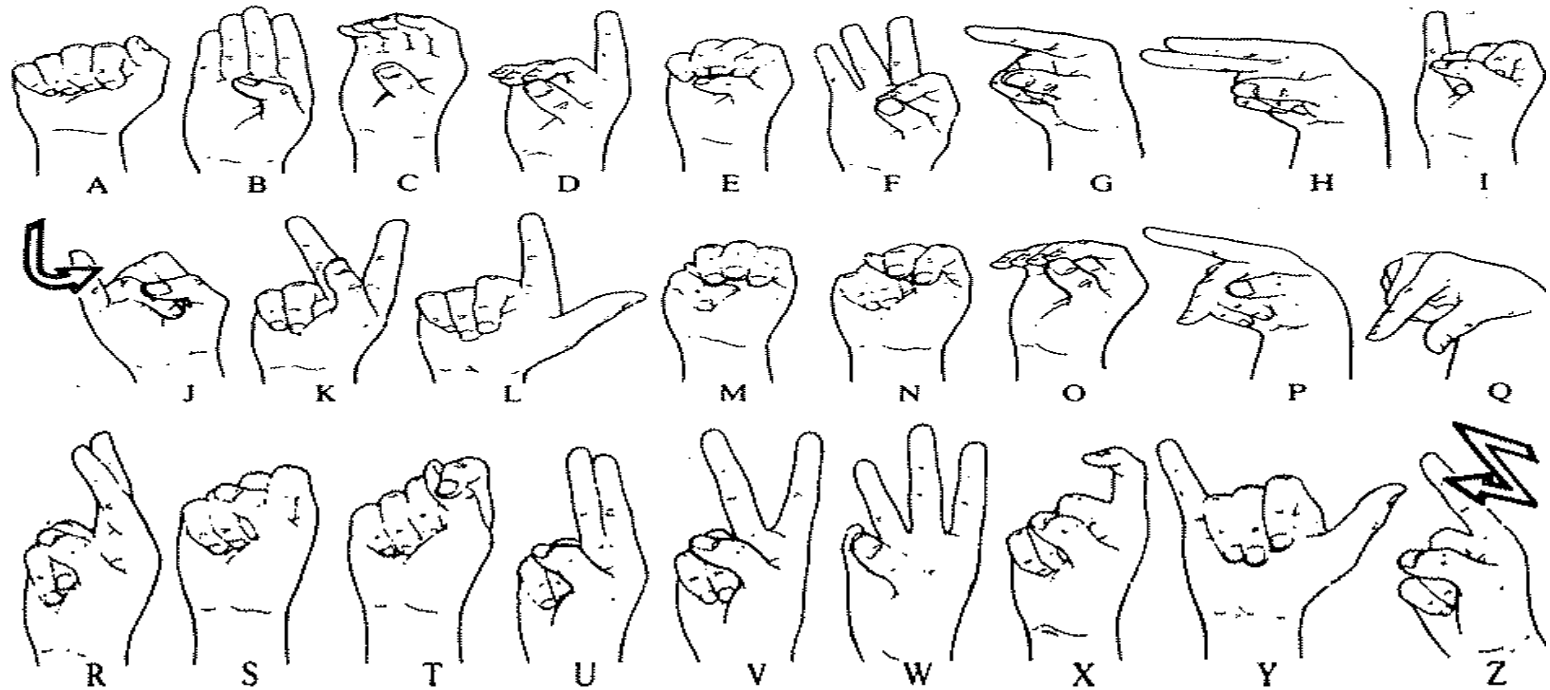
# *Communicating with Marcel*

**Once you get to know me, it is easier and easier to understand me and to communicate with me – just like everybody else.**



# *Finger Spelling with the...*

## MANUAL ALPHABET



# *Communicating with Marcel*

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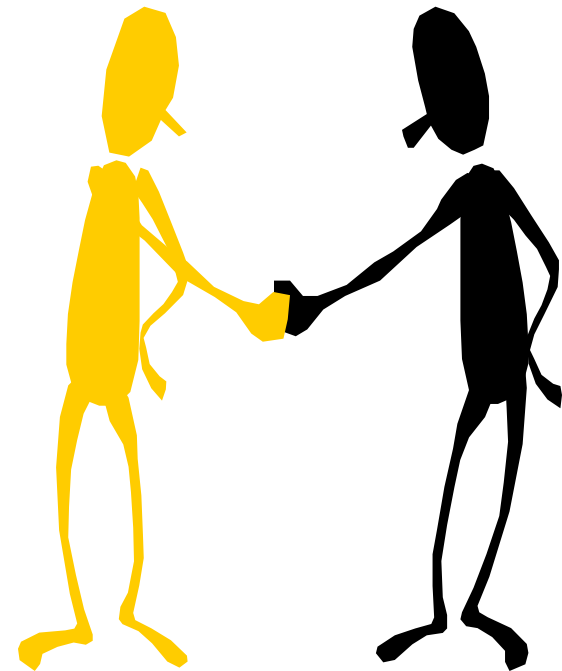
**Thank you so much for having us.**



# *CHAT DVD – Tools for Youths*

Transitioning from Pediatric  
to Adult Health care

- Begin DVD...

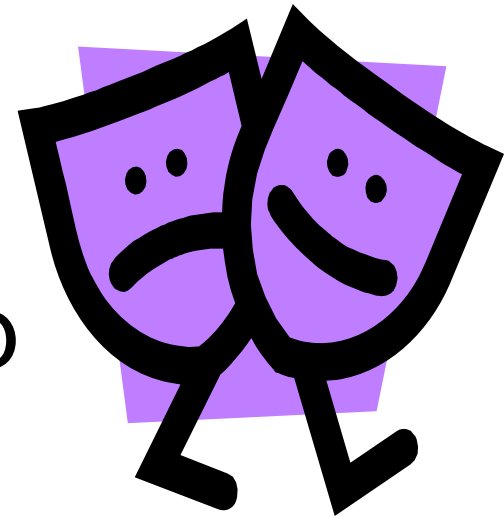


*Can I do CHAT Scenes? YES!*

---

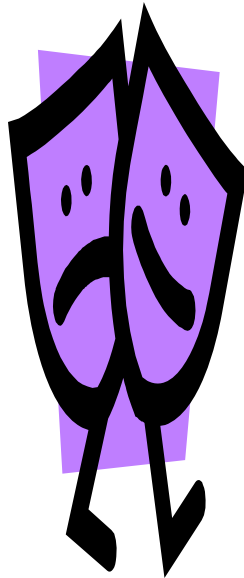
Handout - *Using Scenarios:*  
*Guidelines for Youth*  
*Leaders*

- Act a scene for the group
- “Let’s talk about it”
- “Now You Try”



# *Using Scenarios: Guidelines for Youth Leaders*

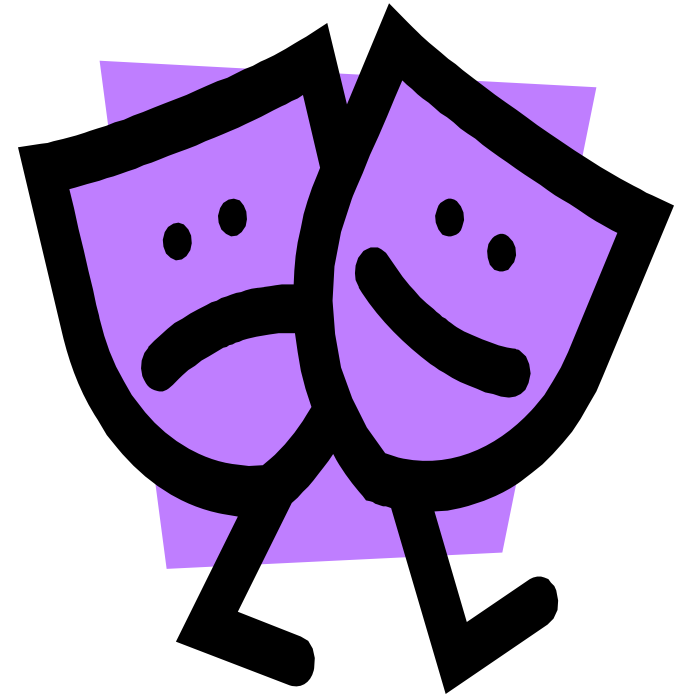
1. Tips for Leaders *(page 3)*
2. **Lee** Speaks Up *(page 4)*
3. **Marcel** Takes Charge *(page 6)*
4. **Chris** Asks Three *(page 8)*
5. **RJ** Covers Her Bases *(page 10)*
6. **Sam** Makes the Call *(page 11)*
7. Check list: Steps to Make an Appointment *(page 12)*



# Why Scenes?

## Scenes.....

- Tell a ***story***
- Show ***feelings***
- Have ***Believable*** characters
- Let you ***Try:***
  - Choices
  - Changes
  - New ideas



# *Today we have...*

---

- **Explored** speaking up with health care providers.
- **Tried** tools from the CHAT DVD scenes.
- **Gotten ready** to use CHAT scenes with youths back home.



*Thank you!*

*Speak Up and  
CHAT*

